

Monday

Tuesday

Wednesday

Thursday

Friday



Holiday

4

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

5

WG Muffin/Muffin Top
100% Juice Local Fresh Fruit
Low Fat Milk

6

Whole Grain Wheat Bar
Fresh/chilled Fruit
Low Fat Milk

7

1
Mini Bagels W/ Cream Cheese
100% Fruit Juice Fresh/Chilled Fruit
Low Fat Milk

8

WG Mini Waffle or Pancakes
100% Fruit Juice Fresh Chilled Fruit
Low Fat Milk

11

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

12

French Toast Sticks
Chilled/Fresh Fruit
Low Fat Milk

13

Yogurt
WG Bagel w/ Cream Cheese
Local Fresh Fruit
Low Fat Milk

14

Strawberry Pancake Bowl
100% Fruit Juice Fresh Chilled Fruit
Low Fat Milk

15

Mini Bagels W/ Cream Cheese
100% Fruit Juice Fresh/Chilled Fruit
Low Fat Milk

18

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

19

Cinnamon Roll
Chilled Fresh Fruit
Low Fat Milk

20

WG Muffin/Muffin Top
100% Juice Local Fresh Fruit
Low Fat Milk

21

Whole Grain Wheat Bar
Fresh/chilled Fruit
Low Fat Milk

22

WG Mini Waffle or Pancakes
100% Fruit Juice Fresh Chilled Fruit
Low Fat Milk

25

Cereal Bowl
Dried Fruits Fresh/Chilled Fruit
Low Fat Milk

26

French Toast Sticks
Chilled/Fresh Fruit
Low Fat Milk

27

Yogurt
WG Bagel w/ Cream Cheese
Local Fresh Fruit
Low Fat Milk

28

Strawberry Pancake Bowl
100% Fruit Juice Fresh Chilled Fruit
Low Fat Milk

29

Mini Bagels W/ Cream Cheese
100% Fruit Juice Fresh/Chilled Fruit
Low Fat Milk