


## Lighthouse Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Holiday	<b>2</b> Holiday	<b>3</b> Holiday
<b>6</b> Cereal Bowl Dried Fruits Fresh/Chilled Fruit Low Fat Milk	<b>7</b> Yogurt WG Bagel w/ Cream Cheese Local Fresh Fruit Low Fat Milk	<b>8</b> WG Muffin/Muffin Top 100% Juice/ Local Fresh Fruit Low Fat Milk	<b>9</b> Whole Grain Wheat Bar Fresh/chilled Fruit Low Fat Milk	<b>10</b> WG Mini Waffle or Pancakes 100% Fruit Juice Fresh /Fruit Low Fat Milk
<b>13</b> Cereal Bowl Dried Fruits Fresh/Chilled Fruit Low Fat Milk	<b>14</b> Cinnamon Roll Chilled/ Fresh Fruit Low Fat Milk	<b>15</b> WG Muffin/Muffin Top 100% Juice/ Local Fresh Fruit Low Fat Milk	<b>16</b> Cinnamon or Berry French Toast Fresh/Chilled Local Fruit Low Fat Milk	<b>17</b> Mini Bagels W/ Cream Cheese 100% Fruit Juice/ Fresh Fruit Low Fat Milk
<b>20</b> Holiday	<b>21</b> Yogurt WG Bagel w/ Cream Cheese Local Fresh Fruit Low Fat Milk	<b>22</b> WG Muffin/Muffin Top 100% Juice/ Local Fresh Fruit Low Fat Milk	<b>23</b> Whole Grain Wheat Bar Fresh/chilled Fruit Low Fat Milk	<b>24</b> WG Mini Waffle or Pancakes 100% Fruit Juice Fresh /Fruit Low Fat Milk
<b>27</b> Cereal Bowl Dried Fruits Fresh/Chilled Fruit Low Fat Milk	<b>28</b> Cinnamon Roll Chilled/ Fresh Fruit Low Fat Milk	<b>29</b> WG Muffin/Muffin Top 100% Juice/ Local Fresh Fruit Low Fat Milk	<b>30</b> Cinnamon or Berry French Toast Fresh/Chilled Local Fruit Low Fat Milk	<b>31</b> Mini Bagels W/ Cream Cheese 100% Fruit Juice/ Fresh Fruit Low Fat Milk

This Organization is an Equal Opportunity Provider